



Sedona Unitarian Universalist Fellowship
P.O. Box 1670
Sedona, Arizona 86339
www.SedonaUU.org



SEPTEMBER • 2009

WELCOME BACK AND. . .

WELCOME TO OUR SEPTEMBER NEWSLETTER!

We hope that you have had a glorious Summer and are ready to see your UUFriends once again and together we can share in our engaging UUServices this year. We have an exciting month planned for all of us and we hope you can join us as your participation is always welcome!

Our services are held at 1 p.m. at the Sedona Elks Lodge, 110 Airport Road in West Sedona, usually on the first, second, third and fifth Sundays of the month. Some months deviate from this schedule, so be sure to check our website for current information regarding our activities and service schedule. Once a month, usually on the fourth Sunday of the month, we meet at the Red Rock Café at 9:30 a.m. in the IGA Weber's Plaza (Village of Oak Creek) for good food and casual conversation.

All are heartily welcome for any of our activities! If you need help getting to services or breakfast gatherings, please call Liz Danbury at 282-5061 and she will try to arrange for someone to pick you up and bring you safely home. *We look forward to being together.*

SEPTEMBER SCHEDULE OF EVENTS

September 6 – Service with George Rudebusch, Professor and Chair of the Department of Philosophy at Northern Arizona University

Speaking on **“Socrates on the Guilt of Non-Philosophers”**

This homily is in memory of Erin Bjorklund, a 21-year-old NAU student, who passed away suddenly in a tragic accident.

Music with Patty Swanson

Coffee Hour Hosts: Liz and John Danbury

NOTE: There will be a brief gathering after Coffee Hour to honor Mary Jane Allison's life and share remembrances of her.

September 13 – Service with Dan Spencer, Pastor of Granite Peak UU Congregation in Prescott

Music with Patricia LaLiberte

Coffee Hour Host: Jim Garrett

September 20 – Service with Dan Spencer, Pastor of Granite Peak UU Congregation in Prescott

Music with Patricia LaLiberte

Coffee Hour Host: Amelia and Ed Jaskulski

September 27 – *Breakfast Gathering* – 9:30 a.m. at the Red Rock Café in the Weber's IGA Plaza in the Village of Oak Creek. Join us for good and reasonably priced food, good conversation and laughter in a casual atmosphere.

THE CALENDAR FOR THE REST OF THE YEAR APPEARS AT THE END OF THIS NEWSLETTER

MEMBER SPOTLIGHT

Diane Nadeau raised her family in Massachusetts, and moved here in September '08. Her daughter, Michelle, has just finished her first year at American U. in D.C. Her son, Jason, 24, (newly married to Heather) lives and works in St. Petersburg FL.

Diane worked part time while raising her children and going to college. She graduated in 2003 from Bridgewater State College with her BA in Communication. She's happy to meet so many friendly people here in Sedona.

Her brother Marshall and parents Shirley and Dave Locke also live here. And, sister Cheryl lives in Albuquerque, NM. It's great to be near family again.

After High School, Diane moved to Alaska for 6 years, then on to Massachusetts where she took care of her Grandmother, Helen Locke, for several



DIANE NADEAU

years. Diane returned to school for technical training in Computer Repair and worked for 7 years at IBM until her son was born in 1985. She volunteered at the local access TV studio and later got her son involved, as well. A technical family, both children were in the FIRST program, creating, building and competing with robots, nationally.

A UU since birth, she has regularly attended First Parish of Norwell, MA with her children. They loved the community the church provided. She especially

misses her Women's Group that met on Monday once a month. "We often use Facebook now," she says.

Diane has already found community and friends at Sedona UU fellowship. She attended the District Assembly recently held in Phoenix. Sustainable Farming in particular caught her interest.

MEMBERS AND FRIENDS NEWS AND NOTES

THANK YOU FOR DONATION!:

Many thanks to **Dr. Louis Getoff** for his generous donation of \$500 to the Fellowship in Memory of **Isabelle Egrie Getoff's** contribution to the early development of the Sedona Unitarian Universalist Fellowship.

DEVASTATING NEWS FROM THE ALLISONS:

Mary Jane Allison lost her battle with advanced lung cancer on August 5 just before midnight.

Bob Allison had previously written an email to our Fellowship to advise us of their situation. It read:

Dear Sedona Friends,

You may know that we have sold the house in Sedona and have planned to return only as visitors and now even that may not be. Mary Jane has been diagnosed with advanced lung cancer and since treatment is so debilitating with virtually no chance of success she has chosen to enjoy the short life left to her to the fullest extent possible.

You all have made Sedona truly a second home and we cherish the memories.

With Love, Bob Allison

Editor's Note: Please see MaryJane's Memorial to follow on Page Three

MEMBER RECUPERATING:

Irma Murphy fell and broke her collarbone in June, but is recuperating well at home in Phoenix under the able care of **Arthur Murphy**. She says she is doing fine and taking it easy as the doctor recommended. She sounds in good spirits.

Betty Peterson's daughter has been diagnosed with a soft tissue sarcoma. She will be traveling to Boston to be with her for surgery and treatments over the next few months. Any prayers for the family would be greatly appreciated.

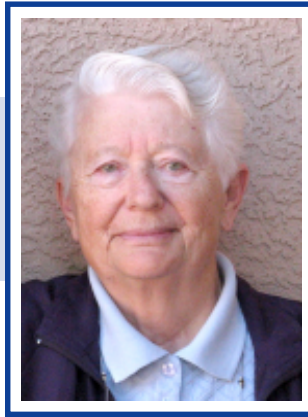
WONDERFUL TRIPS!:

Diane Nadeau and her daughter, Michelle, have just completed a trip to the Grand Canyon and also stopped to view the Meteor Crater.

Cornelia and **Craig Hartley** have returned from their lovely cruise to Venice, Istanbul, the Greek Islands, etc. and report that it was a trip filled with spectacular memories and, we're sure beautiful photos.

Liz and **John Danbury** have had a very busy summer visiting with their respective families back East and in the Mid-west, plus having gobs and gobs of visitors to round out their summer activities.

In Memory of



Mary Jane Allison

Mary Jane was raised to believe that she must use her talents for helping others so she decided by age 11 that she would be a doctor. This was not encouraged for females at the time but with a lot of work and scholarships was finally accomplished. She married just after receiving her acceptance to medical school and had her first son between junior and senior years. Her husband was an attorney and worked for the State of Michigan in Lansing so they settled there and then moved to Mason when they bought a house there, big enough for both the growing family and a medical office.

After 17 years in General Practice she closed her office and did a three-year Residency in Psychiatry, following which they moved to Olympia Washington with their 4 sons. Here she first worked at the Mental Health Center and then did consulting and some private practice. They joined the U-U Fellowship there. She finally felt at home in this group and found that to be true in Sedona, as well.

In 1983, she divorced and married Bob in 1985. It was a delight to be able to share understanding and worldviews with him. She was an identical twin, used to being able to share and understand a peer. Sharing with someone close was a part of her that felt necessary but unfilled for many years.

She believed for years that we are worshiping beings who, if we are thoughtful, can choose what we worship. She chose to worship a feeling of love and gratitude for what we have. She struggled just like anyone else, to keep those feelings paramount in her daily life.

We will miss Mary Jane's lovely manner, her inspirational guidance, her warm laughter and strong character. *Our thoughts and prayers go out to the Allison family and especially to Bob.*

NEW NEWS

UUA HEALTHCARE REFORM RESOURCES

Join the National Faith Community Conference Call on Health Reform—with Special Guest President Barack Obama!

Faith for Health, a coalition of 25 faith-based organizations is sponsoring 40 Days for Health Reform, an intensive effort to raise a powerful religious voice for just and equitable health care reform.

The 40 days kickoff event happens on Wednesday, August 19th at 5:00 PM EDT, in a conference call with faith leaders from across the country—and President Barack Obama himself! If you're interested in working for health care reform, this is one call you won't want to miss. Please visit <http://faithforhealth.org/uua> to RSVP and find out more.

OTHER RESOURCES

In addition to Faith for Health, the UUA is also a member of two other national health care coalitions: Faithful Reform in Health Care and Health Care for America Now!. Both have significant resources to support your education and organizing efforts.

The Interfaith Center for Corporate Responsibility (ICCR) has been working on health care for several years. **The UUA Committee on Socially Responsible Investing (CSRI)** works with ICCR.

A number of the UU State Advocacy Networks are also working on health care reform:

CA: Unitarian Universalist (UU) Legislative Ministry, California

UUA HEALTHCARE REFORM RESOURCES. . . *(continued from Page Three)*

NH: UU Action Network of New Hampshire
MD: UU Legislative Ministry of Maryland
MI: Michigan UU Social Justice Network
NY: Interfaith Impact of New York State [An interfaith network with significant UU involvement]
PA: UU Pennsylvania Legislative Advocacy Network

TX: Texas Impact [An interfaith network with significant UU involvement]
WA: Washington State Unitarian Universalist Voices for Justice

Lastly, many interfaith congregation-based community organizations (CBCO) are working on health care reform. Find a CBCO near you (PDF).

SUUF INFO

SUUF SCREENS

Thank you to those who have been contributing to the white screens. The screens you see next to the snack table are your place to express yourself. Please bring in art, poetry, writings, photos or anything that is meaningful to you. Remember to take a photo with your yellow traveling UU hat for the screen! If you don't have a hat, please see Liz Danbury.

COMMITTEE REPORTS

As we all know, the growth of our Fellowship depends on us! Working on a committee provides an opportunity to get to know your fellow UUs in a more casual setting – plus it's lots of fun! There's also a genuine sense of accomplishment that you have helped SUUF grow and prosper! Join one of these important Committees today!!

WOMEN'S LUNCH BUNCHES:

Women's lunch bunches are a lovely way for women in the Fellowship to connect for stimulating conversation and good food.

If you would like to hostess a Lunch Bunch, please let Cornelia Hartley know at cornelia802@hotmail.com. You get to pick the date, time and restaurant that peaks your fancy!!

CALLING ALL HELPERS!!

The Board seeks volunteers among our Members and Friends to chair and assist with the Community Outreach, Membership and Social Activities Committees. Keep in mind that two or three of you can get together to chair one of these committees.

The goals of these committees are as follows, although creative license is always encouraged:

COMMUNITY OUTREACH:

As Unitarian Universalists, we believe in the ethical application of religion. Good works are the natural product of a good faith, the evidence of an inner grace that finds completion in social and community involvement. Doing work in the community not only gives a sense of satisfaction that we are making a difference in our community, but also helps to get our name out there!

MEMBERSHIP:

Greets visitors after services. Follows up with visitors with a phone call and post card and answers any questions they may have. Plans ways to encourage growth of the Fellowship. Facilitates use of several copies of a videotape, "Voices", to educate potential members about what UUism is.

SOCIAL ACTIVITY:

Want the Fellowship to be more social? Plan an activity! Many of you have expressed enthusiasm about activities in which you would like to see the Fellowship participate. A chair(s) is needed to coordinate these ideas, or an individual could take charge of planning one activity. Fun suggestions include resuming the friendly feasts, covenant groups, movie nights, potlucks, a book group and group trips to cultural events. Whatever you would enjoy, others would be grateful for your planning!

So, what are you waiting for? Here's how to join. . .

Please contact Liz Danbury at 282-5061 or ldanbury@esedona.net to assist with any of these committees or to offer other ideas or suggestions.

The 2009 Annual Meeting occurred at **Chris and George Bein's** home on May 24, 2009. **Liz Danbury**, President, called the meeting to order at 1:30 p.m. A quorum was present. The minutes from the last annual meeting were accepted.

Clay Moore, Treasurer, presented the treasurer's report from 1/1/09-5/15/09-10, which passed unanimously. That financial report showed income and expenses to date as percentages of the amounts budgeted for '09.

Liz Danbury read the President's Report, which detailed the events of the year. She then presented thank you awards to **Chris Bein, Helen Black, Sharon and Ralph Blankenship, Eleanor Cohen, John Danbury, Paul Dotterer, Jim Garrett, Cornelia Hartley, Amelia and Ed Jaskulski, Ron Krumm, Patricia LaLiberte, Clay Moore, Patty Swanson, Mariana Warner, Barbara Warren, and Rosalie and Bob Weber**. She also presented corsages to three of the original nine SUUF founders: **Helen Black, Mike Catterton, and Patty Swanson**.

Election of new Board members at large for two-year terms (**Barbara Warren and Diane Nadeau**), **Ed Jaskulski's** agreeing to serve for another term, and approval of the new Nominating Committee (**Helen Black, Sharon Blankenship, and Kitty Hayes**) passed unanimously.

Ralph Blankenship, Chair of the By-Laws Committee, gave credit to fellow Committee members **Cornelia Hartley and John Danbury**, for their meticulous work on the SUUF By-Laws, to which they propose changes for the purpose of clarification and consistency. The

SUUF Board-recommended revision of the by-laws passed unanimously.

Liz asked for approval of donations of \$250 each to Verde Valley Caregivers and to the Sedona Elks Lodge. Both were approved unanimously.

Amelia Jaskulski reported that the Worship Committee has interesting speakers lined up beginning in September, with an emphasis on spirituality and empathy. She welcomes suggestions of other qualified speakers from members to her or to Liz.

Judy Cooper reported on the History Box she created with the assistance of **Sharon Blankenship and Mike Catterton**, to commemorate the 15th anniversary of SUUF. She recognized the nine founders by name and encouraged all present to take a look at the photos and notes on display in the Bein's great room, chronicling the beginnings of SUUF, with **Isabel Getoff and Nate Lauriat** playing a big part in its start at Sedona Winds, after they joined SUUF later that first year. Our small Fellowship met there, growing slowly, until January 1998, when the venue was changed to the Church of the Red Rocks, and more recently to the Sedona Elks Lodge. We now have over 50 members and about 25 friends, with approximately 35 people in attendance, on average, at Sunday afternoon worship services.

Liz Danbury adjourned the meeting at 2:05 p.m.

Respectfully submitted,

Mariana G. Warner, Secretary

The SUUF Board did not meet in May, June or July. The next meeting will be Thursday, August 20, at 6 p.m. at Liz Danbury's house. All are welcome. Please contact her at 282-5061 if you would like to attend.

TIDBITS

SPECIAL SERVICE WITH BARBARA WARREN

Barbara Warren spoke to the Fellowship on May 17 on "**How Do We Reason Through Moral Dilemmas?**". Dr. Warren came from a small rural school of 19 graduates. A pivotal experience for her occurred when she had a student teacher who got students involved in a social/ communal experience. The teacher said "it's about the students, not me".

Barbara stated that there is a large body of work into theories and research on cognitive and moral development. In the late 1960's and early 1970's this research was done mostly with psychology and education students. The focus was on how students learn and grow. Since then, research has been done with other age groups and populations.

A classic example of protocols to study development was put forth by Lawrence Kohlberg from Harvard using moral dilemmas. He defines moral dilemma as a situation in which there are no easy, good answers.

Kohlberg puts forth 7 stages of reasoning:

1. Punishment and obedience
2. Me – self or naïve hedonism
3. Approval interpersonal accord
4. Law and order – transition
5. Social contract and rights
6. Universal ethical principles
7. Universal spiritual principles

In his original research, Kohlberg used a moral dilemma called “*Heinz and the Drug*”. Barbara broke the Fellowship into groups of 3 or 4 people to react to this dilemma: A woman was near death from a special kind of cancer. There was one drug that the doctors thought might save her. It was a form of radium that a druggist in the same town had recently discovered. The drug was expensive to make, but the druggist was charging ten times what the drug cost him to produce. He paid \$200 for the radium and charged \$2000 for a small dose of the drug. The sick woman’s husband, Heinz, went to everyone he knew to borrow the money, but said he could only get together about \$1,000, which was half the cost. He told the druggist that his wife was dying and asked him to sell it cheaper or let him pay later. But the druggist said, “No, I discovered the drug and I’m going to make money from it.” So Heinz was desperate and broke into the man’s store to steal the drug for his wife. *Should Heinz have broken into the store/laboratory to steal the drug for his wife? Why or why not?*

ELEANOR COHEN REPORTS FROM DISTRICT ASSEMBLY

Eleanor Cohen attended the Pacific Southwest District Assembly May 1-2 in Mesa, AZ, along with Diane Nadeau, Joyce Recek and Larry Cepek. There will be a presentation after the October 11th service of the experiences of the participants.

Eleanor writes that the meeting started Friday, May 1st with a banner parade, performance of UU Cantata “Sources” and a worship service.

On Saturday, May 2nd the activities started with breakfast followed by a worship service conducted by Rev. Susan Frederick-Gray. The service was entitled “A Faith Too Good Not to Share”. Rev. Gray advocated that we take a more proactive approach and let non-Unitarians know our basic beliefs. She maintained that our faith offered a spiritual home to many seeking solace in these troubled times.

For her first workshop, Eleanor selected “Enter, Rejoice and Sing”, led by Trish Lester, a Unitarian singer and songwriter from Santa Clarita, CA. The workshop was structured as an old fashioned hootenanny in which they sang along and discussed and listened to a selection of folk music. Eleanor has a short list of songs, some with words, which Trish believes are appropriate for Unitarian functions.

The second workshop Eleanor attended was “Intro to Permaculture” arranged by Liz Lonetti, Executive Director of the Phoenix Permaculture Guild. Greg Peterson,

who led the workshop, was extremely knowledgeable about the beneficial relationship among elements of sustainability. This systems approach looks at the results of the interactions among green elements, such as rainwater harvesting, using sustainable building materials and community building rather than one element at a time.

The last workshop Eleanor selected was “Is Our Self-Worth Defined by Our Net Worth?”. This was presented by Trish Lester who stressed that the best things in life aren’t “things” and that in order to achieve personal fulfillment it helps to define how much is enough for you. Trish suggests forward rather than backward living is key. The participants were given a sheet containing a list of values and asked to think about which were most important to them. Trish shared some of her personal experiences which led her to make the major lifestyle changes which were more in accord with the realization of her non-material passions and values.

It is Eleanor’s opinion that these gatherings and others like them are worthwhile experiences for all members of our Fellowship. They provide opportunities to gain a wider perspective of our Unitarian family as a whole. Additionally, Eleanor feels we may gain insight into enriching our own personal spiritual growth and enhance our Fellowship from the experiences of others who share our faith.



All of our services are held at 1 p.m. at the Elks Club, 110 Airport Road in West Sedona. Breakfast Gatherings are held at 9:30 a.m. at the Red Rock Café, off of Rte. 179 and Verde Valley School Road, next to the IGA in the Village of Oak Creek.

We heartily welcome your presence at our services and gatherings!

SERVICE SCHEDULE WILL BE UPDATED AS SPEAKERS FOR OPEN DATES ARE CONFIRMED. PLEASE RETAIN FOR YOUR REFERENCE. THANK YOU!

2009

2010

OCTOBER

- 10/4** Margaret Anderson,
"The Inspiration of Van Cliburn"
Music: Patty Swanson
- 10/11** Dan Spencer/ Music: Patricia LaLiberte
NOTE: A presentation by the attendees of the PSWD Conference will occur after coffee hour. This will be an informal discussion.
Please plan to attend!
- 10/18** Dan Spencer/ Music: Patricia LaLiberte
- 10/25** BREAKFAST at RED ROCK CAFÉ

NOVEMBER

- 11/1** Dan Spencer/ Music: Patricia LaLiberte
- 11/8** Dan Spencer/ Music: Patricia LaLiberte
- 11/15** Barbara Warren and Ron Krumm,
"How Do We Reason Thru Moral Dilemmas?"
Music: Patty Swanson
- 11/22** BREAKFAST at RED ROCK CAFÉ
- 11/29** Marge Fallon, **"Myths and Story Telling"**
Music: Patty Swanson

DECEMBER

- 12/6** Dan Spencer/ Music: Patricia LaLiberte
- 12/13** Dan Spencer/ Music: Patricia LaLiberte
- 12/20** **Holiday Gathering**
Music: Patty Swanson
- 12/27** **NO SERVICE. HAPPY HOLIDAYS!!**

JANUARY

- 1/3** TBD / Music: Patty Swanson
- 1/10** Mariana Hartsong, **"Sacred Sufi Celebrations"**
Music: Patty Swanson
- 1/17** Dan Spencer/ Music: Patricia LaLiberte
- 1/24** BREAKFAST at RED ROCK CAFÉ
- 1/31** Dan Spencer/ Music: Patricia LaLiberte

FEBRUARY

- 2/7** TBD / Music: Patty Swanson
- 2/14** Dan Spencer/ Music: Patricia LaLiberte
- 2/21** Dan Spencer/ Music: Patricia LaLiberte
- 2/28** BREAKFAST at RED ROCK CAFÉ

MARCH

- 3/7** TBD / Music: Patty Swanson
- 3/14** Dan Spencer/ Music: Patricia LaLiberte
- 3/21** Dan Spencer/ Music: Patricia LaLiberte
- 3/28** BREAKFAST at RED ROCK CAFÉ

APRIL

- 4/4** TBD / Music: Patty Swanson
- 4/11** Dan Spencer/ Music: Patricia LaLiberte
- 4/18** Dan Spencer/ Music: Patricia LaLiberte
- 4/25** BREAKFAST at RED ROCK CAFÉ

MAY

- 5/2** Dan Spencer/ Music: Patricia LaLiberte
- 5/9** TBD / Music: Patty Swanson
- 5/16** Dan Spencer/ Music: Patricia LaLiberte
- 5/23** **ANNUAL MEETING AND END OF YEAR PARTY**
- 5/30** BEGIN WEEKLY BREAKFAST GATHERINGS FOR THE SUMMER AT RED ROCK CAFÉ

NEXT NEWSLETTER DEADLINE: SEPTEMBER 25

Please make this newsletter a vibrant communications tool for all of us by submitting emails or hard copy of your articles, artwork, poetry, photos or any suggestions or comments to Liz Danbury at ldanbury@esedona.net.

EDITOR'S NOTE: Submissions of prose, poetry, photographs and original art are enthusiastically encouraged and welcome for publication in our SUUF Newsletter.

Please send to Liz Danbury: ldanbury@esedona.net